

Lest we forget



November 2023

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Additional activities depending on availability: van drives, 1:1 visits, walks, music, pets, games ...

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10.15 News & Tea 2.00 Arts Club TS/LB	2 10.15 Baking TS/ LB 2.00 Church	3 10.15 Walking is fun 2.00 Nelson visits 2.00 1:1	4
5 Flossie MacInnis	6 10.15 Knitting Club 1.30 Nelson visits 1.30 Activity Room	7 10.00 AlderYogis 2.00 Bingo	8 10.15 News & Tea 1.30 Remembrance Day Service	9 10.15 Fruit Cakes 10.15 Book Mobile 2.00 Church	10 Bowling Tournament	11 Remembrance Day
12	13 Eileen Matheson	14 Marg MacEachern 10.00 AlderYogis 2.00 Bingo	15 Charly MacEachern 10.15 Resident Council 2.00 Arts Club BD/ BI	16 10.15 Name that tune UK/HS 2.00 Church	17 Rachel MacInnis 10.15 Walking is fun 10.15 Nelson visits 2.00 Movie	18
19	20 Billy Nock 10.15 Knitting Club 1.30 Nelson visits 1.30 Activity Room	21 10.00 AlderYogis 10.00 Baddeck Academy 2.00 Bingo	22 Decorating for Christmas	23 Sophie Gracie Chris Noseworthy Decorating for Christmas 2.00 Church	24 2.00 Birthday Party & Music	25 Jenny MacLean
26	27 Flora MacKeigan 10.15 Knitting Club 1.30 Nelson visits 1.30 Activity Room	28 10.00 AlderYogis 2.00 Bingo	29 10.15 News & Tea 2.00 Arts Club UK/ HS	30 10.15 Sing along BI/BD 2.00 Church		