

December 2022

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



1

10.15 Exercise LB
2.00 Church

2

10.15 1:1 Visits
2..00 1:1 Visits

3



4



5

10.15 Knitting Club
10.15 Exercise UK
1.30 Nelson visits

6

10.15 X-Mas
Jeopardy
TS/LB
2.00 Bingo

7

10.15 News & Tea
2.00 Arts Club
UK/HS

8

10.15 Exercise BD
10.15 Book Mobile
2.00 Church

9

10.15 Sing-a-long
TS/LB
2.00 Sing-a-long
BI/BD

10

10:00 Nelson visits

11



12

10.15 Knitting Club
10.15 Exercise BI
1.30 Nelson visits

13

10.15 X- Mas
Jeopardy
BI/BD
2.00 Bingo

14

10.15 Resident Council
2.00 Arts Club
TS/LB

15

10.15 Exercise TS
10.15 memory games/
Xmas special
2.00 Church

16

10.15 Sing-a-long
UK/ HS
2.00 X-Mas Movie

17

10:00 Nelson visits

18



19

10.15 Knitting Club
10.15 Exercise HS
1.30 Christmas Concert
Baddeck Academy

20

10.15 X-Mas
Jeopardy
HS/UK
2.00 Bingo

21

10.15 News & Tea
2.00 Arts Club
BI/BD

22

Anne Mae Smith
10.15 Exercise BI
10.15 Book Mobile
2.00 Church

23

2.00 Christmas
Party

24



25



26



27



28

10.15 News & Tea
2.00 Arts Club
UK/HS

29

Jean Evans
10.15 memory games/
Xmas special
2.00 Church

30

Birthday Party
Cake, Tea &
Music

31

New
Years
Eve

Additional activities depending on availability: van drives, 1:1 visit, games and more