

November 2022

Sunday

Monday

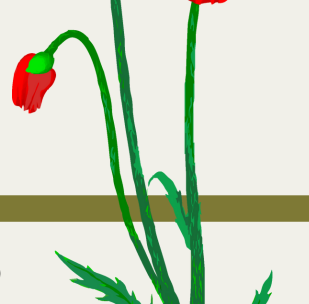
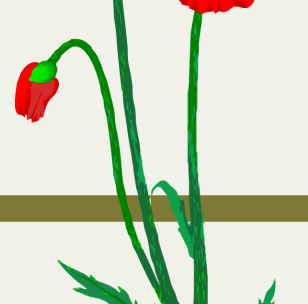
Tuesday

Wednesday

Thursday

Friday

Saturday

	2pm Halloween Party Trick or Treat	1 10.15 Sports is fun UK/HS 2.00 Bingo	2 10.15 News & Tea 2.00 Arts Club BI/ BD	3 10.15 Exercise LB 10.15 Word Search 2.00 Church	4 10.15 Bowling TS/ LB 2..00 1:1 Visits	5 Flossie MacInnis 
6 	7 10.15 Knitting Club 10.15 Exercise UK 1.30 Decoration afternoon	8 10.15 Sports is fun TS/LB 2.00 Bingo	9 10.15 News & Tea 2.00 Arts Club UK/HS	10 10.15 Exercise BD 10.15 1:1 visits 2.00 Church	11 Remembrance Day 	12 
13  Eileen Matheson	14 Margaret MacEachern 10.15 Knitting Club 10.15 Exercise BI 1.30 Nelson visits	15 10.15 Sports is fun BI/BD 2.00 Bingo	16 10.15 Resident Council 2.00 Arts Club TS/LB	17 Rachel MacInnis 10.15 Exercise TS 10.15 shake lose a memory 2.00 Church	18 10.15 Bowling UK/ HS 1:30 Nelson visits	19 
20 Billy Nock	21 Chris Ross 10.15 Knitting Club 10.15 Exercise HS 1.30 Nelson visits	22 10.15 Hover Soccer Match 2.00 Bingo	23 Sophie Gracie Chris Noseworthy 10.15 News & Tea 2.00 Arts Club BI/BD	24 10.15 Exercise BI 10.15 shake loose a memory 2.00 Church	25 Jennie MacLean Birthday Party Cake, Tea & Music 	26
27 Flora MacKeigan 30 	28 10.15Knitting Club 10.15 Exercise LB 1.30 Nelson visits	29 10.15 Bowling BI/ BD 2.00 Bingo	30 10.15 News & Tea 2.00 Arts Club UK/HS			

Additional activities depending on availability: fall van drives, 1:1 visits, games and more