








MARCH 2022

Vincent Van Gogh
born March 30,
1853

SUN	MON	TUE	WED	THU	FRI	SAT
MARCH TRIVIA: ART (answers on next month's calendar) 1. Which Museum can you find the Mona Lisa? 2. Which Mexican artist is famous for her self portraits? 3. Who painted 'The Starry Night'? 4. What are the three primary colours? 5. The art of folding paper is known as...?	 	<i>Junior MacDonald</i> 1 10:15 YOGA LB 1:45 BINGO UK	2 10:15 Decorate for St. Paddy's 1:45 Cards UK	3 10:15 Knitting UK 11:15 Exercise TS 2:00 Church Rev. Jackie Warran BI	<i>World of Prayer Day</i> 4 10:15 1:1 visits 1:45 Prayer Day celebration UK	5
<i>Debbie Hodder</i> 6 Week's THEME <i>Art Attack</i>	 7 10:15 Knitting UK 11:15 Exercise UK 1:45 Dance class at Julliard BI	<i>International Women's Day</i> 8 10:15 odds and ends art creations HS 1:45 Painting with Picasso UK	9 10:15 Drawing Class LB 1:45 Sculpture building TS	10 10:15 Knitting UK 11:15 Exercise BI 2:00 Margie MacIntyre UK	 11 10:15 Set up exhibit 1:30 Welcome to Le Louvre Art exhibit	12
 13 <i>Daylight Savings</i>	<i>Gordon MacKay</i> 14 <i>Stephen Phillips</i> 10:15 Knitting UK 11:15 Exercise LB 1:45 Alderwood Chimes UK	15 10:15 YOGA BD 1:45 BINGO TS	16 10:30 Residents Council AMH 1:45 St. Paddy's Trivia LB	 17 10:15 Knitting UK 11:15 Exercise UK 2:00 Rev. Peter MacDonald HS 3:00 St. Paddy's party	18 10:30 Yoga LB 1:30 BINGO UK 3:00 Cards HS	19
 20 <i>First Day of Spring</i>	21 10:15 Knitting UK 11:15 Exercise BD 1:45 SINGO BI	22 10:15 YOGA UK 1:45 BINGO BD	<i>Lloyd Stone</i> 23 10:15 VAN TRIP 1:45 Cards UK	24 10:30 Bocce Ball UK 2:00 Rev. Corrie Stewart BD	25 10:15 Crosswords UK 1:30 Birthday Party With Cake and Music	26
27	28 10:15 Knitting UK 11:15 Exercise BI 1:45 Chime Choir HS	29 10:15 YOGA LB 1:45 BINGO UK	30 10:15 Smoothie bar 1:45 Cards HS	31 10:15 Knitting UK 11:15 Exercise UK 2:00 Church Rev. Ian Harrison TS	ALYSSA ROCKWELL RECREATION DIRECTOR ALDERWOOD BOX 218 BADDECK NOVA SCOTIA B0E1B0 PHONE: 902.295.2644 EXT 226 FAX: 902.295.3445 RECREATION@ALDERWOODBADDECK.CA	

Answers SPORTS Trivia:

1. 1935
2. 4
3. Turkey
4. Lacrosse
5. Tennis

March is: 
 Music Therapy Month,
 National Nutrition Month 

Drives in Van (on nice days)




Visits with Bonnie
 Pet Therapy
 Last Monday!