



Gerald and Joan Wagner with daughter Lynn

Alderwood... truly a place we call home

Our Mission

Providing the very best resident-centered care by assisting each resident in attaining the highest quality of life by meeting their physical, psychological, emotional and spiritual needs.



Bringing in the harvest....



Our garden was not huge but what grew, grew well. Jamie Lyn with our onion leeks.



Baddeck Alderwood Auxiliary presenting Darren Canning with a plaque in memory of his Mom, Flora Canning.

Flora was devoted to her family, passionate about volunteering, in her community and at Alderwood, and a friend to all!

OCTOBER BIRTHDAYS

- Lucy Mac Lean- Oct.24th
- Madeleine Clavel - Oct.25th
- Betty Hanam-Oct.28th



**"May rich blessings - Plenty, peace and prosperity be yours this Thanksgiving Day."
Author Unknown**

October Events

- Gospel Singers Oct. 7th
- Resident's Council Oct 14th
- Pickling Making on Mondays
- Plus regular monthly activities!



Staff News...

Congratulations to Colin & Connie Smith and Kent & Sarah Mac Eacheran on the birth of their baby boys.

Congratulations to Kristen, OT, on her recent engagement.

Our deepest sympathy to Pat Ryan on the on the sudden passing of her brother, Bob Martell.

Congratulations to Darlene Ellsworth, Debbie Pierrard and Sylvia Jardine on 25 years of service at Alderwood.

Body Mechanics In-Service Oct.18th at Physio Dept. for Support Services.

Learn to Run Program, instructed by Arlene Morrison, donated \$410.00 to **Run for the Cure**.

Alderwood's Positive Aging Program

The computer component of this program is continuing through-out the Fall and Alderwood volunteers are invited to participate.

The free program runs Monday mornings between 9:30am -12:00pm in Alderwood's Community Hall.

If you would like to learn some basic computer skills, learn how to use a digital camera, learn how to save, attach or open digital pictures from email, drop by or phone 295-2644 ext 226 for more information.



25 YEARS OF SERVICE.

Congratulations, Ladies!

Middle River Alderwood Auxiliary had a successful Rock-a-Thon & Raised \$1800.00



Middle River Alderwood Auxiliary Rockers!!

www.alderwoodbaddeck.ca

Email:

recreation@alderwoodbaddeck.ca

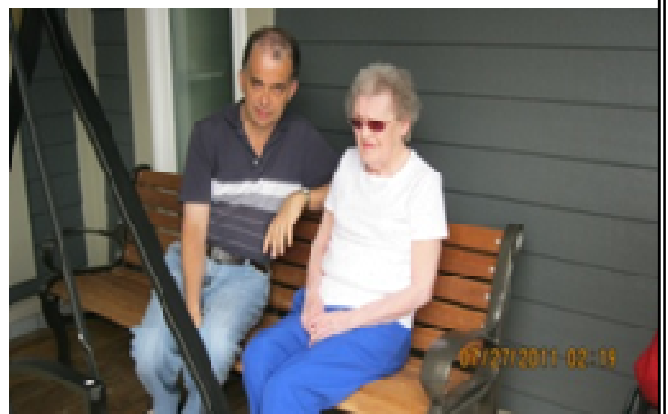


Bake Sale

Dec. 7th - Wed.

Alderwood Working Council is having a Bake and Craft Sale at St. Michael's Parish Hall.

Thank You Management for the delicious BBQ.



Marjorie Mac Kay and son Gordon, are enjoying some of the last few warm days of summer.