



# ***Alderwood... truly a place we call home***

## **Our Mission**

*Providing the very best resident-centered care by assisting each resident in attaining the highest quality of life by meeting their physical, psychological, emotional and spiritual needs.*

***July, 2011***

## **Eden Principals**

The Eden Alternative is dedicated to transforming nursing home environments into habitats for human beings that promote quality of life for all involved. It is a powerful tool for inspiring well-being for our residents and those who collaborate with them as Care Givers.

The Eden Alternative's principle-based philosophy empowers Care Givers to transform institutional approaches to care into the creation of a community where life is worth living. Alderwood uses this organization as a tool for our model of care in our new home. It helps to eliminate loneliness, helplessness, and boredom. Alderwood staff is being updated on this model of care.

### **JULY BIRTH-DAYS**

**Betty Godreau  
Ken Bryon  
Katie Mac Neil  
Edna Mac Leod  
Gwen Bugden  
Carl Campbell  
Clarence Whitty  
Phyllis Archibald**



**Baddeck Senior Nursery  
School Class...**

**Thanks for visiting us  
throughout the year.**



**Our Knitting Club is busy making Baby Blankets for Alderwood staff, who are expecting 8 new arrivals in the next few months.**



**Thanks to Sandy and Stephen for helping tplant flowers on Taigh Sona and Loch Breagh Patios.**

### **July Events**

- July 1<sup>st</sup> Canada Day Parade
- July 7<sup>th</sup> Gospel Singers at 7pm
- July 18<sup>th</sup> Residents Council followed by Family Council
- July 21<sup>st</sup> Barbeque for CIBC Run for the Cure
- July 22 Hawaii Day in North Sydney



**Canadian Breast Cancer Foundation  
CIBC  Run for the Cure<sup>+</sup>**

Juanita MacNeil, Support Services, is putting a team in this event, taking place in Sydney Oct.2 2011.

Come support Juanita's team "Nita's Knockers" by getting a pledge sheet and start fundraising. The Mac Neil Family is having a Barbeque on July 21<sup>st</sup> Thursday at 11.30am -1pm at the front entrance of Alderwood. \$5.00 Hotdog, Kool-aid, Dessert. Come support a great cause!!

## Staff News...

Congrats to ....

Erin & Arron Dauphney –Mac Donald on the birth of a baby girl, Summer.

### Welcome New Staff Members

Cathy Billard

Joyce Fraser

Mary Beth Mac Donald

Welcome back to Emily and Shaun Gillis

Get Well Wishes to Cathy Dauphney and June Baggio

Recreation has hired a grant worker for the summer. [Welcome Natasha Cameron](#). Natasha will be attending St FX in the fall to continue her studies to become an RN.

[Congratulations to](#) Chelsey Parsons on graduating from Baddeck Academy and being Prom Queen. Chelsey plans to take a Welding course at NSCC in the fall.

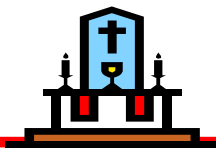
## Positive Aging Fund Senior Computer Workshops

Takes place at Alderwood on Monday mornings between 10 am —12 noon. Stop by with your computer questions or take part in a workshop to learn something new about your computer or digital camera, scanner, etc.



Marie Bethune, volunteer & Lloyd Churchill, Alderwood, recently participated in a computer workshop on using a digital camera with Alex Hanman & Donna MacDonald, VCCAPS

**Workshops are open to seniors in Baddeck & surrounding communities and residents of Alderwood.**



**We remember with great affection those who passed away recently...**

Gordon MacAulay, Sr.



**Grade 1 Class of Baddeck Academy  
Thanks for all your visits!!**

**Congratulations to Wilma Bloise on her retirement. Alderwood Staff took her out to the Silver Dart for a Retirement Supper.**



**Alderwood Recreation would like to thank all the monetary donations of returnable bottles to the Environmental Depot in Baddeck.**

**This helps us buy those extras!!!**



**Team “Together Everyone Achieves More””  
Thank You to Leonard Davis for doing the barbequing on our Staff Appreciation Day...  
Thanks also to Alderwood Management for the great meal, door prizes and our guest speaker Judy and Faye for the Therapeutic Touch.**

**Alderwood Recreation** is

looking for old Cape Breton Magazines, Hunting, and Fishing Magazines, books on stories of Nova Scotia or Cape Breton.