



Bernice enjoying her visit with our Christmas Elf, Katie.

## *Alderwood... truly a place we call home*

### *Our Mission*

*Providing the very best resident-centered care by assisting each resident in attaining the highest quality of life by meeting their physical, psychological, emotional and spiritual needs.*

## January, 2012 Newsletter

**Alderwood Staff & Residents** would like to thank all family members, volunteers and friends who thought of us all in a special way during the holiday season.

### JANUARY BIRTHDAYS

Dorothy Ellsworth - Jan 8

Ruth MacAulay - Jan 18

Douglas MacPherson - Jan 31



Connie Urquhart, Kathy Dauphney & Tanya MacKinnon were a group of many staff members who hosted the Christmas Parties on the Home Areas.

**Thank You.**

### January Events

-Poker Bingo on Jan. 14<sup>th</sup> & 28<sup>th</sup>

-Rosary Jan 16th

-Birthday Party Jan 21st...

Sponsored by Baddeck Fire Ladies



Management would like to extend a big **Thank You** to all staff for providing a wonderful Christmas for our residents.

Your hard work and dedication to our home has not gone overlooked. In a season when everyone's time is at a premium, many of you went above and beyond and made Christmas 2011 feel like *Truly a Place We Call Home!!*

With the overtime and extra time you all have put in over the holiday season we wanted to let you know we greatly appreciate having you on our team!!!



## Thanks so much!

Alderwood Staff donated non perishable food to the Baddeck Food Bank and raised \$175.00, which was matched by Alderwood. All funds were given to Christmas Daddies.

Vera Strickland visiting with our newest volunteer, Tommy Minh

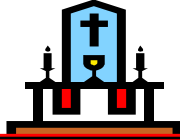
### Staff News...

**Congrats to... Joanne Peck on the birth of her daughter, Isyla Veronica Ann.**

**Congrats to... Beth MacDonald's daughter, Tiffany, on her recent engagement.**



Susie Matheson & daughters, Cameron & Nora visiting Dad & Grampy, Ewen Matheson.



**We remember with great affection those who passed away recently...**

**Clarence Whitty**

Condolences are extended to Marguerite Bartlett on the recent passing of her son, Calvin Mac Donald.



Buddy Mac Donald enjoying a visit with Sadie MacInnis.

**WISHING ALL A BRIGHT, PROPEROUS & SAFE 2012**

### Transportation Services

Nancy MacLean is offering transportation services for Alderwood Residents. This not a taxi service, but Nancy will take residents to appointments who do not have anyone to take them. There will be a charge for mileage. These arrangements are to be made through Alderwood. Please do not call Nancy directly.

So if you would like to request Nancy's service for Alderwood family members please check with a nurse at 295-2644 Ext 236 or Brenda Nicholson at 295-2644 Ext 224



Christmas Day on Loch Breagh with Katie MacNeil enjoying Christmas Dinner with her family.

### **Continuing Care**

Continuing Care now has an office in Alderwood.

Hi, my name is Anne Trickett and I am a Care Coordinator with the Cape Breton District Health Authority here in Baddeck. My office was relocated here in late Sept. from the Provincial Building. Continuing Care is a program funded by the Dept. of Health & Wellness to allow clients to receive a variety of in home services to assist in maintaining their maximum independence, namely, Nursing, Home Support and Personal Care. Care Coordinators assess clients both in hospital (pre-discharge) and in the home for unmet needs and authorize the services/programs to be provided. As well, we initiate and assist in the process of Long Term Care placement. Continuing Care also provides other services such as Self Managed Care, In Home Respite, Facility Respite, Bed Loan Program, Home Oxygen and Adult Protection to name a few.

My office is located next to the Physio/OT Dept. in the main hallway leading to the Resident homes. The phone number is 295-3943. Please feel free to drop by or call me for any information. In addition Continuing Care has a toll free number, 1-800-225-7225 for more information or to make a new referral.